



17555 PEAK AVENUE MORGAN HILL CALIFORNIA 95037

SENIOR ADVISORY COMMITTEE

After Action
REGULAR MEETING

MAY 6, 2003

Morgan Hill Civic Center
Council Chambers
17555 Peak Avenue

Senior Advisory Committee

Chair	Marilyn Gadway
Vice-Chair	William Keig
Committee Member	Kenneth Mort
Committee Member	John Bautista
Committee Member	Sharon Leonard
Committee Member	Gloria Subocz
Committee Member	Charles Swann

Parks & Recreation Commissioner Craig Van Keulen

1:30 P.M.

CALL TO ORDER

Chair Gadway called the meeting to order at 1:30 p.m.

ROLL CALL ATTENDANCE

Absent: Committee Member Bautista

DECLARATION OF POSTING THE AGENDA

Per Government Code 54954.2

PLEDGE

Pledge was led by Committee Member Swann

OPPORTUNITY FOR PUBLIC COMMENT

None

VERBAL REPORTS

YMCA SENIOR PROGRAM MONTHLY UPDATE

Carol Wood, Director
YMCA Senior Center

Ms. Wood reported on the Easter party held at the Senior Center in April. There were 80 to 85 attendees. The activities included dancing and music. Ms. Wood stated everyone enjoyed themselves. There was also a spaghetti lunch served on Good Friday, April 18th. Catholic Charities staff did not work on Good Friday and Ms. Wood wanted to make sure the seniors were provided with a nutritious meal prior to the Easter weekend. One hundred (100) seniors attended the lunch on Good Friday. The spaghetti meal was donated and prepared by John Dossetti. Members of his church group helped to prepare and serve the meal. Senior Advisory Committee Chair, Marilyn Gadway and City Recreation staff member, Margarita Balagso also volunteered to help prepare and serve the meal. Nob Hill Foods donated a beautiful cake for desert. Chair Gadway asked Staff Balagso to send a thank you letter to John Dossetti for his contribution to the Senior Center and his work to prepare and serve the meal. She also asked Staff Balagso to send a thank you letter to Nob Hill Foods. Vice-Chair Keig stated he has heard "rave reviews" about the parties that have been held at the Senior Center. Ms. Wood added the next party will be a Fourth of July Barbeque.

Ms. Wood reported the Manzanita Room is almost completed. She is waiting to install 2 more computers. On May 12th hearing tests will be conducted by Dr. Goldstein. Blood pressure screening will also be offered in May. The date for the blood pressure screening will be announced soon. Chair Gadway asked if the Senior Center was interested in computer donations. Ms. Wood responded she has received computer donations from IBM, but is always interested in additional donations. Committee Member Swann suggested she contact Fry's Electronics. Ms. Wood stated she would be happy to contact Fry's if she could locate a contact name and number.

PARKS AND RECREATION COMMISSION

Staff Balagso

Staff Balagso reported the Parks and Recreation Commission had three members whose terms ended in April. The City Council held interviews for new applicants to the Commission as well as the three applicants whose terms recently ended. The City Council re-appointed the three returning applicants to another 2 year term. The Commission will meet in May to appoint a new Chair and Vice-Chair.

COA ADVISORY COMMISSION

Representative Tougas

Representative Tougas was unable to attend. Chair Gadway asked Staff Balagso to contact Ernie Rusconi and ask him if he would be able to attend the Senior Advisory Committee meetings on behalf of the Council on Aging.

CAG MEETING REVIEW

Committee Member Bautista

Committee Member Bautista was not present at the meeting. Carol Wood and Staff Balagso attended the April 3rd meeting. Ms. Wood and Ms. Balagso reported Stephen Hua of Canadian Direct Pharmaceuticals gave a presentation on purchasing prescription drugs from Canada. The Canadian company can provide prescription drugs at a significantly reduced price. Staff Balagso distributed information on the Canadian company along with instructions on how to order the prescription drugs. There is no age limit for persons interested in purchasing prescription drugs. Each order must be accompanied by a written prescription by a licensed physician. There is a \$15 processing fee, but no limit on the number of prescriptions that can be ordered. Both generic and name brand drugs are available. The company can provide up to a 3 month supply of each drug.

Marie Skinner of CAG who attended the meeting, stated that although many U.S. drug companies are ending the sale of their drugs to Canada, Canadian pharmaceutical companies are able to manufacture the same drugs and will continue to make those drugs available to Canadian drug companies. The drugs are the same, but may have a different name. Ms. Skinner also stated she strives to provide information at each CAG meeting that is interesting to the senior community. Persons interested in finding out about the list of speakers, can call Marie at 776-1808. Members of the community are welcome to attend a CAG meeting to hear a certain speaker or get more information on a certain topic.

CONSENT CALENDAR

1. APPROVAL OF MEETING MINUTES OF APRIL 1, 2002

Minutes approved (5:0) Vice Chair Keig moved to approve the minutes. Committee Member Subocz seconded the motion.

BUSINESS

2. INDOOR COMMUNITY RECREATION CENTER

Recommended Action: Information Item. City Staff will provide an update on the status of the Indoor Community Recreation Center, which is ready to enter the design phase.

Council Member Steve Tate attended the Senior Advisory Committee meeting. Chair Gadway asked if there were going to be any changes in the original design of the building. Mr. Tate responded there were not going to be any major changes, but there will be a few minor changes. He and several other City Council Members and City Staff traveled to Colorado to tour several facilities. He stated they brought back a few ideas that will be incorporated into the building. The Center will be situated on 8.5 acres adjacent to Community Park. The building will house a senior wing, youth wing, gymnasium, indoor swimming pool, weight room, aerobics room, and class rooms and meeting rooms. The Center will be approximately 50,000 square feet. The total appropriation for both the land and construction of the building is \$26,200,000.

Mr. Tate reported that Mayor Kennedy gave City staff authorization to proceed with the design and plans for construction for the Center. Chair Gadway asked if the current slow down in the economy would effect the City's ability to pay for the construction. Mr. Tate responded the Redevelopment Agency has the funds to build the Aquatics Complex and the Indoor Community

Recreation Center as well as funds set aside for the Library. He stated the Mayor believes construction costs will be better now, rather than in the future.

Chair Gadway asked the members of the Senior Advisory Committee if they had any questions for Mr. Tate. Vice Chair Keig asked if the issue of the kitchen for the Senior Nutrition Program had been resolved. Mr. Tate responded no decision had been made yet. Chair Gadway stated Mayor Kennedy will attend the Senior Advisory Committee in June and that would be a good time to ask questions regarding the plans for the Senior Nutrition Program and kitchen issue. Committee Member Subocz asked if the rooms in the senior wing would be dedicated solely to use by the seniors or if they would be shared with youth and other members of the community. Committee Member Subocz stated she would prefer shared use in order to foster inter-generational communication and activities. Council Member Tate stated the recreational programs would be the responsibility of the staff of the Recreation Division, but inter-generational communication and activities were important in the design of the building.

Committee Member Mort asked if it was still possible to leave the Senior Nutrition Program at its present location at the Friendly Inn. He stated he feels the Nutrition Program might be compromised if it is moved to the new center. Council Member Tate responded the decision has been made to move the Nutrition Program to the new center, but that adequate space for the Program and the kitchen will be an issue. Chair Gadway stated the issue of the dedicated kitchen for the Program is also a challenge. Council Member Subocz asked if a shared kitchen would cause conflicts between the Nutrition Program and the Community. Council Member Tate stated the Nutrition Program must have a dedicated kitchen and cannot be shared with community groups. He added this presents the problem designing and paying for two kitchens in the Center. Committee Member Mort added he feels the Friendly Inn should be renovated so the Nutrition Program can stay at the Friendly Inn. The new Center would provide recreation activities and exercise classes and the Friendly Inn could continue to provide the Nutrition Program. This would solve the issue of the dedicated kitchen at the new Center.

Council Member Tate asked the members of the Senior Advisory Committee for their help in communicating to the Parks and Recreation Commission and the City Council that the Indoor Community Recreation Center should be completed within three years (2005.) The current timeline forecasts a date of completion in 2006. Several members of the public in attendance asked how they could help too. Mr. Tate responded they can help by attending City Council meetings to let the Council know the construction and completion of the center should be accelerated. Committee Member Swann asked if there was a plan for the 8.5 acres that will be used for the Center. Council Member Tate responded there is a plan for the site and that next month's meeting would be a good time to present the plan to the Committee. Staff Balagso will invite Mori Struve, Project Manager, to attend next month's meeting and present the design and the site plan for the Center. Chair Gadway asked if the Committee was ready to prepare a Recommendation on the accelerated time line. Vice Chair Keig stated the Recommendation should include the issue of the Senior Nutrition Program. Chair Gadway provided background information for the new Committee Members and the members of the public on the work the Senior Advisory Committee has conducted to resolve the issue of the dedicated kitchen for the Nutrition Program. She reported that she and Recreation Manager Julie Spier met with both Catholic Charities and the County to determine the needs and kitchen specifications for the Nutrition Program. Members of the Committee also visited and toured several Senior Centers

and Nutrition Programs in the surrounding area. She stated Senior Nutrition Programs in other cities are facing the same challenge in regard to the dedicated kitchen. She added that Evergreen Community Center in San Jose is adding small kitchen facilities in its meeting rooms in order to resolve the issue of the dedicated kitchen.

Vice Chair Keig moved to approve a Recommendation to urge the City Council to accelerate the construction timeline for the Indoor Community Recreation Center from July 2006 to July 2005. He stated the Recommendation should include language that refers to the issue of the dedicated kitchen. He added the specific language of the Recommendation be drafted by Chair Gadway. Committee Member Mort seconded the motion. Approved (5:0.)

Recommendation:

That the Indoor Community Recreation Center construction schedule be accelerated to an earlier completion date of July 1, 2005. Due to the current slow down in the economy, the Senior Advisory Committee believes it would be prudent to begin construction at an earlier date.

We request that final design be cognizant of the fact that the Senior Nutrition Program currently being provided by Catholic Charities at the Friendly Inn, requires a kitchen dedicated solely to the Nutrition Program. We again recommend that full consideration be given to kitchen facilities that are available for all participants using the Indoor Community Recreation Center. One recommendation from the Committee would be the upgrade of the current Nutrition Program site at the Friendly Inn so that the Program can remain at its current location.

3. CORNERSTONE PROJECT – YOUTH DEVELOPMENT

Recommended Action: Information Item. City staff will provide information on the Cornerstone Project. The Cornerstone Project fosters youth development through the identification of 40 developmental assets. The City of Morgan Hill supports the Cornerstone Project through its Youth Empowered for Success (YES) Committee. The YES committee seeks a community project that would provide an opportunity for intergenerational activities. City staff will ask the Senior Advisory Committee for ideas for such a project

Council Member Tate provided an overview of the Cornerstone Youth Development Project. The Project was developed in 1998 to provide youth serving organizations and individuals who work with youth with information on the Forty Developmental Assets, which are “the essential building blocks that are the cornerstones of healthy development. The Forty Developmental Assets are the experiences, skills, and values youth need to thrive. The more assets young people have, the more likely they are to exhibit positive attitudes and behaviors.”

The Cornerstone Project is a collaborative of community leaders, youth serving organizations, schools, cities and the County. The City of Morgan Hill supports the Cornerstone Project through its Youth Empowered for Success (YES) Committee. The YES Committee is comprised of community members (both youth and adults), Council Member Tate, Members of the City’s Youth Advisory Committee, City staff, local community-based-organizations and staff from the Cornerstone Project. The Committee meets monthly to address issues related to youth and to

raise awareness for the Project in the community. The City Council adopted the Cornerstone Project and the principles of the Forty Developmental Assets in order to bring attention to the importance youth development and to support to youth issues,. The School District recently adopted the guiding principles of the Cornerstone Project.

The Cornerstone Project supports inter-generational activities. The YES Committee and Youth Advisory Committee (YAC) are looking to the Senior Advisory Committee for advice on developing inter-generational activities in Morgan Hill. Chair Gadway suggested a member of the Senior Advisory Committee attend the next Youth Advisory Committee meeting to learn more about the ideas the youth have developed for such activities and to help them develop even more ideas. Committee Member Leonard volunteered to attend the next Youth Advisory Committee meeting on Monday, June 2 at 5:00 p.m. in the Council Chambers. She will provide a report to the Senior Advisory Committee at the June meeting.

4. ORAL HISTORY PROJECT

Recommended Action: Information Item. Senior Advisory Committee Vice-Chair, William Keig, will provide an update on an Oral History Project.

Vice Chair Keig reported the ad hoc committee for the Oral History Project has met twice. Dr. Margot McBane from San Jose State has attended both meetings and has provided information on ways the committee can raise funds. Dr. McBane is an expert in Oral Histories and has worked with many cities in California and Texas. The type of Oral History the Committee wants to develop still needs to be defined. There are many options for the use of the Oral History including a History Walk of Morgan Hill, curriculum materials for elementary school students, Living History presentations and a heritage display at the Community and Cultural Center. The Committee is currently taking an inventory of the books written on the history of Morgan Hill and researching the Oral History project completed by the Historical Society in 1979. The Committee will meet again on May 27th at the Library.

5. CALIFORNIA SENIOR LEGISLATURE – SANTA CLARA COUNTY NEWS

Recommended Action: Information Only. Hand out monthly legislative update from California Senior Legislature.

Staff Balagso provided a copy of the California Senior Legislature newsletter in the agenda packets of the Senior Advisory Committee members.

ANNOUNCEMENTS

Vice Chair Keig thanked Council Member Tate for attending the Senior Advisory Committee meeting.

REQUESTS FOR FUTURE ITEMS

None

ADJOURNMENT to the next monthly meeting schedule on **June 3, 2003** in City Council Chambers.

Vice Chair Keig moved to adjourned the meeting. Committee Member Subocz seconded the motion. Motion approved (5:0)